Lighting programs have been used in the egg production industry for decades to avoid the seasonality of egg production. It also allows the synchronization and direct the hens towards egg production adapted to the needs of each local market. A lighting program for laying hens can be divided into different parts depending on the objective of the program during the different periods in the life of the bird:

- Brooding: 0–1 weeks
- Rearing: 2–16 weeks
- Stimulation: 16–20 weeks
- Production: 20 w to cull

In this technical tip we will be covering the 4th point.
**Lighting programmes in production**

**Objective:** To maintain the birds in lay and improve egg production with a correct lighting

Due to the light increase during the stimulation programme, the birds have started laying. Once this has been achieved, the lighting programme should ensure that the birds keep in production and do not receive any light signal to cease laying.

So, the key point of any production lighting programme is never to expose birds to decreasing photoperiods.

Although existing commercial birds have great laying persistency, they can be affected to changes in the photoperiod and may adversely affect the laying.

*It is usually enough to keep them on a stable photoperiod of 14–16 hours to maintain the birds in production.* Nevertheless, birds use more energy for maintenance during the hours of light than during the hours of darkness. Longer photoperiods tend to result in higher feed intake and egg size, but also there is an increased mortality, thinner eggshells and a slightly higher percentage of deformed eggs.

*Graph 1:* Lighting programme for rearing and laying for a flock located in Valencia (Spain). Note that the photoperiod experienced by the birds is always constant during laying.

*Graph 2:* Effect of day length during the laying period on:
- A) Eggs per bird in brown laying hens
- B) Mean daily feed intake for brown and white laying hens
- C) Eggshell weight

Therefore, short photoperiods would seem to have more advantages for almost all production scenarios. However, it can be difficult to use them in many cases due to daylight interference, light schedule applied in rearing or in hot weather.
Night lighting

A commonly used practice is to light on during 1–2 extra hours in the middle of the dark period. This allows the birds to refill their crop at a key time as they are in the process of making the eggshell for the next day egg.

*Calcium of the eggshell is supplied 30–40% of the total calcium of the egg by the reserves available in the hen. It is therefore essential that most of the calcium in the eggshell is not of skeletal origin but of dietary origin. Thus, this practice is in the interest of the birds as it will allow them to better manage their calcium balance and protect their bone integrity.*

In hot climates the birds will be restricted in their feed intake by the temperature. *So, it is beneficial to allow the birds to have another feeding period at night when temperature usually drops.*

The advantages of this type of programme are an improvement of the eggshell, an improvement of the birds’ bone calcification status and an increase of feed intake of around 2–4 grams.

Implementation is relatively simple:

1. **It can be implemented at any time in the bird’s life. In fact, it can also be used in the rearing period to improve feed intake.**
2. **The length of the light period during night should be chosen. Normally 1–1.5 hours is enough if the aim is to improve dietary-derived calcium levels. On the other hand, if the objective is to allow supplementary feed intake, it is better to give 2 full hours.**
3. **In any case, at least three hours of darkness before and after the night-light period should be respected. This ensures that all birds will interpret the same light-off time.**
4. **Egg production may be delayed in the day, but the birds will keep laying. This may result in some carry-over of collected eggs in the days following implementation.**
5. **It is possible to remove the night lighting period at any time. However, it is advisable to do this gradually.**

It is crucial that feed is available in the feeders as well as water for the birds. Consequently, a feed distribution should be done prior to switching on the lights. In case this is not possible, an extra feed distribution can be made during the late evening hours so that feed will be available during the night lighting period. **Please check that this program is according your local regulation before of using it.**

*Example of a light programme with night light. Note that three hours of darkness are observed before and after the night light period.*
Effect of the light-off on laying

It is important to emphasize the importance of the light off timing (no matter if this is natural or by artificial lighting) as it will play a role of “trigger” for ovulation. This will take place about 6 hours after lights out and then the process in the oviduct in the oviduct will last close to 24 hours.

So, the time between light switch-off and 50% of laying always remains the equal as this acts as starter. Still, the time elapsed is different for white and brown birds and the distribution of the laying day is also different.

In light-proof houses, it is possible to use this physiological effect to shift the distribution of laying throughout the day by moving the light period and thus the time of ovulation of the hens. This can be useful for better egg collection setup.

In brown birds, a part of the birds will lay in the dark if given a photoperiod of less than 16 hours. This has no practical effect on birds housed in conventional cages but may increase the number of floor eggs in birds housed in alternative systems or broken eggs in enriched cages.

The hens sleep in these systems in the perches and the percentage of “nocturnal layers” will not have the possibility to move to the nest to lay eggs. Eggs laid under these conditions will be knocked to the ground and will obviously not be laid in the nest.

Corrective measures (opening of illuminated nest boxes before the main lights are switched on, stimulation program with fast increases) are necessary to avoid this inconvenient.

Light intensity in production

Once the birds are laying, it is not necessary to expose them to a high light intensity to keep them in production. In fact, an increase in intensity correlates negatively with feed intake and egg size. Similarly, high light intensity can encourage certain undesirable behavior as feather pecking and cannibalism.

Therefore, it is usually recommended to dim the intensity to around 10 lux at the feeder level after the peak of production. This should be done progressively and always checking that feed and water consumption and egg production remain unchanged. It should be remembered that the intensity is not homogeneous in a house, so the area with the lowest intensity should always be considered as the limit.
In open houses, these levels of light intensity can not be obtained as sun light is much more intense even in a cloudy day. In this case, the aim still will remain the same: keep the birds at the lowest possible intensity.

In addition, it is especially important in this case to avoid direct light rays entering the house as they will trigger easily a pecking and cannibalism episode. Therefore, the use of shades that partially darken the house is recommended.

Once a low intensity level has been reached, it should be maintained. It is a common mistake to raise the intensity during daily farming activities. These intensity peaks are highly stressful for the hens and should be avoided. It is best to equip the workers with torches or other lighting systems so that they can see properly.

It is a good idea to turn the light on and off gradually by increasing or decreasing the light intensity at production house or even rearing. This mimics sunrise or sunset in nature has a positive effect on the birds. Additionally, in cage-free systems, sectored on/off programmes are used to help the birds distribute themselves better in the aviary system and to encourage them to spend the night in the aviary rather than on the floor.

Light quality during the production period

The first point to bear in mind when dealing with the quality of light in egg production is that the vision of laying hens differs greatly from that of humans:

1. They can see a much wider and different light spectrum than humans. This means that birds can perceive light waves in the ultraviolet and infrared spectrum that humans don’t. Consequently, the type of light spectrum emitted by light bulbs (i.e. their colour) must be adapted to the birds’ perception.

2. Their ability to process images per second is greater than ours. While a human can discern 24–30 images per second, birds can discern 150–200. This has a negative side effect as they are much more sensitive to the flickering effect from light sources.

Wrong light colour and a flickering effect are factors that can promote behavioural problems in birds such as feather pecking or cannibalism. A basic recommendation is that colour and frequency should be around 2800 K in colour and at least 150 Hz in frequency.

Light spectrum for human and poultry. This is possible due to the fact that bird have 4 types of cones receptors in the retina instead of the 3 that humans have.
Lighting technology has evolved very rapidly in recent years. Classically incandescent bulbs have been used in poultry houses but a few years ago they were replaced by energy saving bulbs such as CFLs. Subsequently LED bulbs have been introduced and are the technology that seems to be predominant in the future.

It should be noted that different light sources can produce a different spectrum and frequency of light depending not only on the type of bulb but also on the particular model. It is therefore necessary to check that the bulbs are suitable for poultry use or at least meet the requirements mentioned above.